



ALL ABOUT ME TOPIC IDEAS

Self Portrait- Get the children to look at themselves in the mirror carefully and draw themselves. An adult can do the same thing at the same time to encourage them to know what to do. Bring the Self Portrait into Preschool for 'Show and Tell'.

My Favourite Things Collage- Children love telling us about their favourite things. Give them a piece of paper to glue pictures of their favourite things to. Provide them with a variety of magazines to tear or cut pictures from.

Handprint Pictures- Make a handprint collage. Get other adults and member of the family to add their hand print to.

Paper Plate Faces - Use small mirrors and encourage them to examine their reflections, point out things such as hair colour and styles, eyebrow and eye colours, skin colours, and nose and mouth shapes. Set out paper plates, crayons, various coloured paper scraps and pieces of old material, plus scissors and glue. Then let the children use the materials to create self-portraits. Bring it to Preschool to share their creations with others.

Me and My Family- Materials Needed: shaving cream and a table! Encourage the children to smooth the shaving cream onto the table. They can draw a circle and add eyes, nose, mouth hair, etc. They can add their family members, pets, etc.

Cooking Recipes - My Thumbprint Cookies

Ingredients: 1/2 cup margarine; 2 cups flour; 1 teaspoon salt; 1/3 cup water; fruit preserves or fresh fruit

- Mix all ingredients together with the children.
- Form a stiff dough.
- Separate the dough into small amounts, one for each child.
- They roll it into a ball and then use their thumb to make an indent on the top.
- Place on cookie sheet. Bake at 350 degrees F. for 8-10 minutes.
- Each child adds a 1/2 teaspoon of fruit preserves or some fresh fruit in the thumb indent

Cracker Faces

Ingredients needed: Round crackers, shredded cheese, raisins, cheese spread (cream cheese type)

The children place some spread on a cracker. Use the raisins and shredded cheese to make a face on their cracker!

Good Websites

<http://www.enchantedlearning.com/themes/allaboutme.shtml>

<http://www.twinkl.co.uk/resources/ourselves-all-about-me>

<http://www.abcteach.com/directory/theme-units-all-about-me-8831-2-1>

All About Me Books

Happy Birthday, Sam by Pat Hutchins

Here Are My Hands by Bill Martin Jr. and John Archambault

I Like Me! by Nancy Carlson

Just Because I Am by Lauren Murphy

Now I'm.... by Jane Belk Moncure--these are older books, most libraries have the collections. This particular series by Moncure has one for each age Now I'm One! Now I'm Two! etc.

My Book About Me by Dr. Seuss

The Mixed-Up Chameleon by Eric Carle

Now I'm Big by Margaret Miller

Books about Families

Are You My Mother? by P. D. Eastman

The Berenstain Bears' New Baby by Stan and Jan Berenstain

Clifford's Family by Norman Bridwell

Guess How Much I Love You by Sam McBratney